



## BE CAREFUL WHAT YOU WISH FOR

Have you ever heard the saying: “Be careful what you wish for?” Have you thought about it being true for you or does it feel like a old saying that relates to stories from when you were young?

It actually has a lot to do with the ‘law of attraction’. You see when you wish for something it can come true **whether it is what you want or not**. Wishing is related to thoughts and desires of things you actually don’t want as much as it is for what you do want. **We get what we think about most of the time, regardless whether it is what we truly want or not.**

For example: I am really sick of driving in this traffic. So you get sick, yep you are off work for a while and there is no traffic but did you really want to get sick to stop driving in the traffic or were you hoping for another job closer to home.

I know because I had that exact same thing happen to me. In one day, I turned it around. I came home exhausted and pleaded with the universe to help me find a job closer to home, that was part time but still paid really well, and I would love the work. The **very next day** I got a phone call from an old acquaintance asking if I would be interested in a job he has listed. It was perfect for me and **ONLY 5 minutes** from home. Just like that! Two weeks later I was working part time in a job that earned \$20,000 more than the last one, doing what I loved, with lovely people, and just up the road so I can skip home for lunch break.

**I keep telling my kids... ask for what you want not what you don’t want, it will happen either way so you might as well enjoy it when it comes.**

TIP: You deserve it and you can make it happen, but don’t counteract it by negative self talk or thinking it won’t happen, because guess what, it probably won’t.