



HOW TO GET THE UNIVERSE TO WORK WITH YOU

Here is a quick little trick I picked up while listening to some of the audios I recommend:

1. On a larger sheet of paper draw a line down the middle and a header row at the top (two columns)
2. On the left hand column where the heading goes, write **“What I need to do today”**
3. On the right hand column where the heading goes, write **“What I would like to Universe to do for me today”**

Be realistic, add feeling to what you are asking the Universe to help you with. **Make it achievable.** Do it as often as you need it.

Here is an example:

What I need to do today	What I would like to Universe to do for me today
Write a blog post	Universe, please inspire me to write a blog post that helps people connect
Tick off some tasks I have been avoiding	Universe, please help me avoid procrastination
Connect with my Customers	Universe, please bring me a new Customer today
Add a new page to the website about x	xxx

Let me know your thoughts and if it has worked for you.