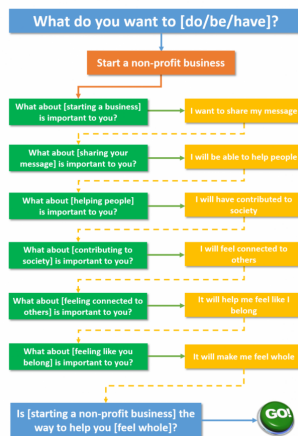


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MARK TWA

HOW TO WORK OUT YOUR PURPOSE



Find Your Purpose – Money Mindset Meditation

Here is a quick trick for working out **your purpose in life**. It may not be 100% accurate but it will certainly help you identify WHY you want to do, be, or have something in your life.

The image shows you the process. In this example we get to the conclusion, however, you may need to include a lot more steps before you get to your conclusion.

When you first do this you may not get the results you are looking for, change your words to help you tweak what you really desire and don't be afraid to put it down on paper.

If you don't visualise what you want it either won't happen or it will take forever.

Why not give yourself a jump start to help you find your why and your purpose in life.

Click on the image to enlarge it, if you would like the PowerPoint version or would like some help walking through this I am happy to do the exercise with you, please contact Michelle.